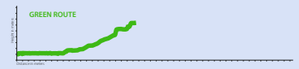
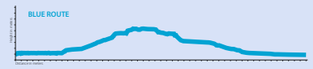
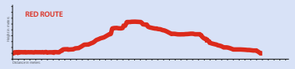
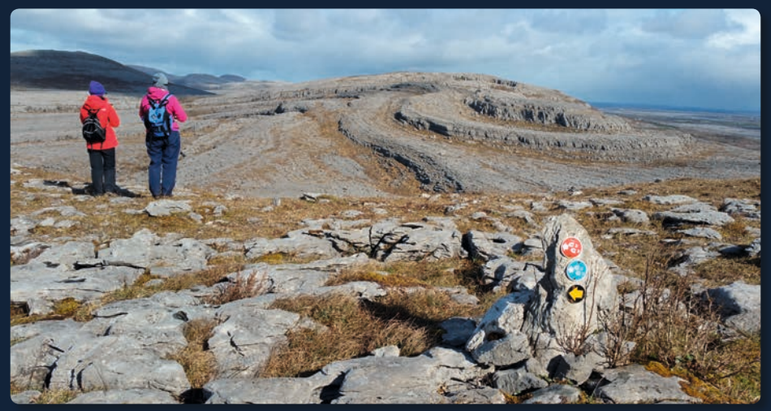
Burren National Park

Walking Trails

Sign	Route	Distance	Ascent	Time	Grade	Class
	GREEN ROUTE *Mullaghmore Return*	6.5km	140m	2hrs 45min	Very Difficult Remote/Upland	5
Terrain						
	BLUE ROUTE *Mullaghmore Loop*	7.5km	140m	2hrs 55min	Very Difficult Remote/Upland	5
Terrain						
	RED ROUTE *Mullaghmore Traverse*	6km	140m	3hrs	Very Difficult Remote/Upland	5
Terrain						
	ORANGE ROUTE *Knockaunroe Turlough*	1.3km	20m	30 min	Moderate	3
Terrain						
	WHITE ARROW *Nature Trail*	1.5km	20m	40min	Moderate	3
Terrain						
	LOUGH AVALLA LOOP WALK	6km	2.5 - 3hrs	Hard		



Important

Terrain
- Uneven ground
- Loose rocks
- Steep ground and Cliffs – Do Not Climb
- Rocks are very slippy when wet
- Use stiles provided

Weather
- Very changeable
- Check the weather forecast
- Be prepared for changing weather

Equipment
- Wear strong walking boots
- Bring raingear & warm clothes
- Map & compass recommended
- Bring food and drink

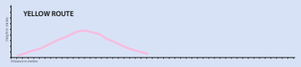
These are way marked walks, we recommend you stay to them.

Take home all litter and food waste (including tea bags, fruit peel and biodegradable waste).

In case of accident and/or emergency please call 999 or 112 and ask for mountain rescue, police or gardai.

Slieve Carran Nature Reserve

Walking Trails

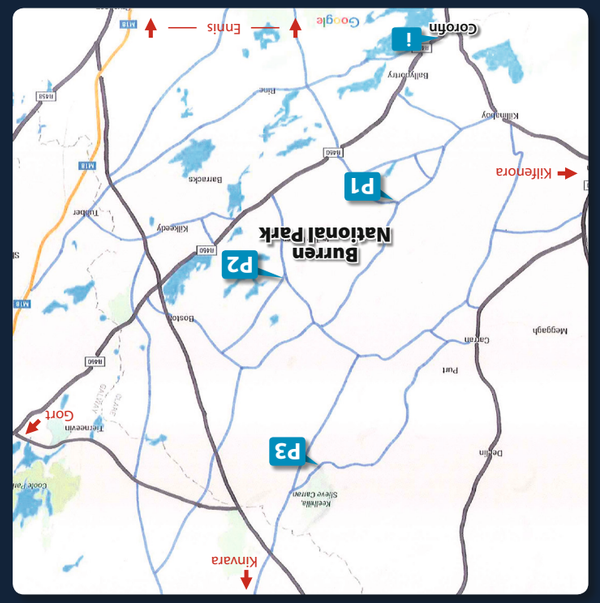
Sign	Route	Distance	Ascent	Time	Grade	Class
	BROWN ROUTE	2.5km	15m	45 min	Moderate	3
Terrain						
	YELLOW ROUTE	2km	40m	35 min	Moderate	3
Terrain						
	PINK ROUTE	1km	50m	15 min	Moderate	3
Terrain						

www.nationalparks.ie
www.burrennationalpark.ie
Tel. +353 65 6827693
burrennationalpark@npws.gov.ie

Burren National Park

Walking Trails

Parking Locations



P1 GR: R303944
Lat: 52.996707
Long:-9.0372419

P2 GR: R341966
Lat: 53.016694
Long:-8.9813662

P3 GR: M331033
Lat: 53.076419
Long:-8.9988488

i Burren National Park Information Point
Corofin Village
V95 VX83
GR: R286887
Lat: 52.944914
Long:-9.0622616